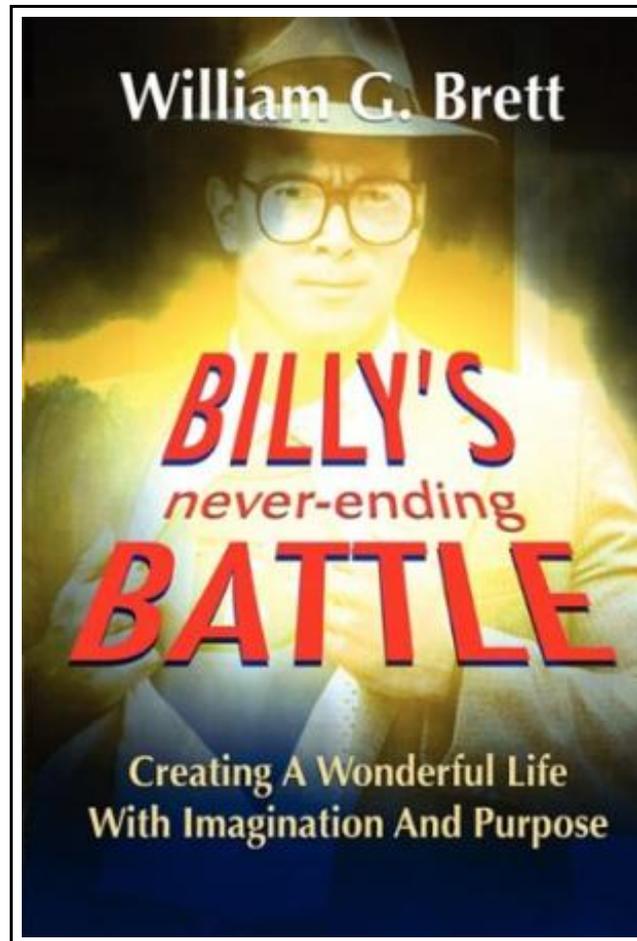


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BILLY S NEVER-ENDING BATTLE: CREATING A WONDERFUL LIFE WITH IMAGINATION AND PURPOSE (PAPERBACK)



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Fourth Lloyd Productions, United States, 2011. Paperback. Book Condition: New. 224 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.Imagine a man who is part Forrest Gump, part Clark Kent, and part George Bailey from It s a Wonderful Life ! Incredibly, such a man exists! In this lively memoir, Billy Brett offers a captivating look at his battle with ADHD as friend and foe. Using sweeping strokes to recall the people and events that helped to shape his imagination and dreams - including his hero, Superman - Brett shows how he struggled with a black cloud that seemed to threaten his self-worth, sense of success, and dream of becoming the police officer that he knew he was meant to be. As a policeman, Brett finds that his black cloud nemesis has pursued him, turning minor self-doubts into major setbacks of self-confidence. Overrun by doubt and despair, even to the point of focusing on the idea of being hit while riding his motorcycle, he is indeed run over! Brett uses his accident to learn that he has always had a treatable disorder called ADHD (Attention Deficit Hyperactive Disorder). He begins to understand how he has been projecting the failures he has experienced in life. With the black cloud no longer in control, Brett begins to turn self-doubt into self-power, hyper-focus into easy resourcefulness, a channel-surfing mind without remote control into clear intent, and a fear of failure into imaginative success. He begins to see what a wonderful life he has as a cop, husband, and father. This funny, candid, and fast-paced book is an invaluable empowering resource for those wishing to understand ADHD, with its challenges and struggles, and its joyful freedom of creative expression.

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