



Sous Chef: 24 Hours in the Kitchen (Main ed)

By Michael J. Gibney

Canongate Books Ltd. Paperback. Book Condition: new. BRAND NEW, Sous Chef: 24 Hours in the Kitchen (Main ed), Michael J. Gibney, "A terrific nuts and bolts account of the real business of cooking as told from the trenches. No nonsense. This is what it takes." (Anthony Bourdain). "One of the most informative, funny and transparent books about the restaurant biz ever written." (Bret Easton Ellis). Sous Chef takes you behind the swinging doors of a busy restaurant kitchen, putting you in chef's shoes for an intense, high-octane twenty-four hours. Follow him from the moment he opens the kitchen in the morning, as he guides you through the meticulous preparation, the camaraderie in the hours leading up to service and the adrenalin-rush as the orders start coming in. Thrilling, addictive and bursting with mouth-watering detail, Sous Chef will leave you breathless and awestruck - walking into a restaurant will never be the same again.



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