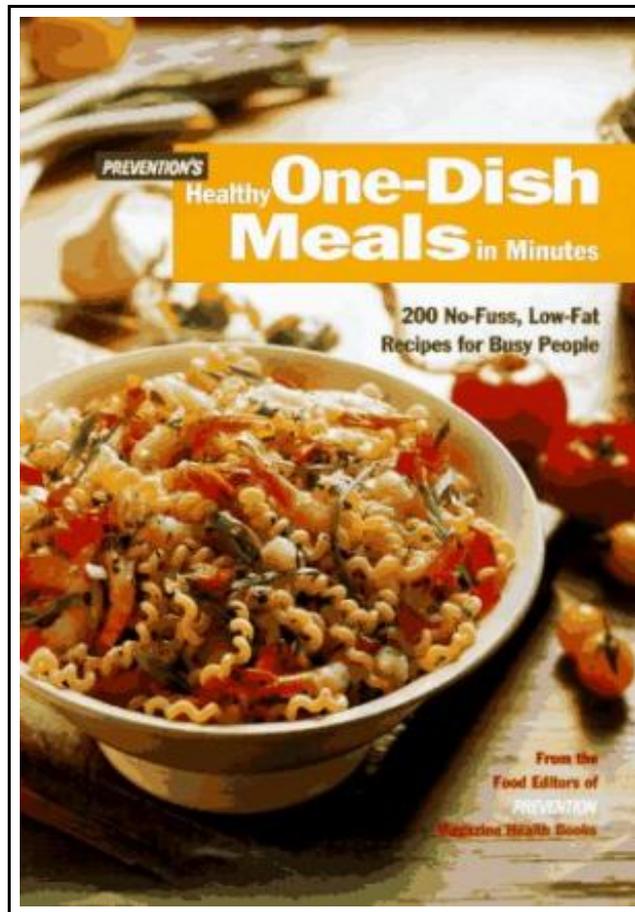# Prevention's Healthy One-Dish Meals in Minutes: 200 No-Fuss, Low-Fat Recipes for Busy People

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