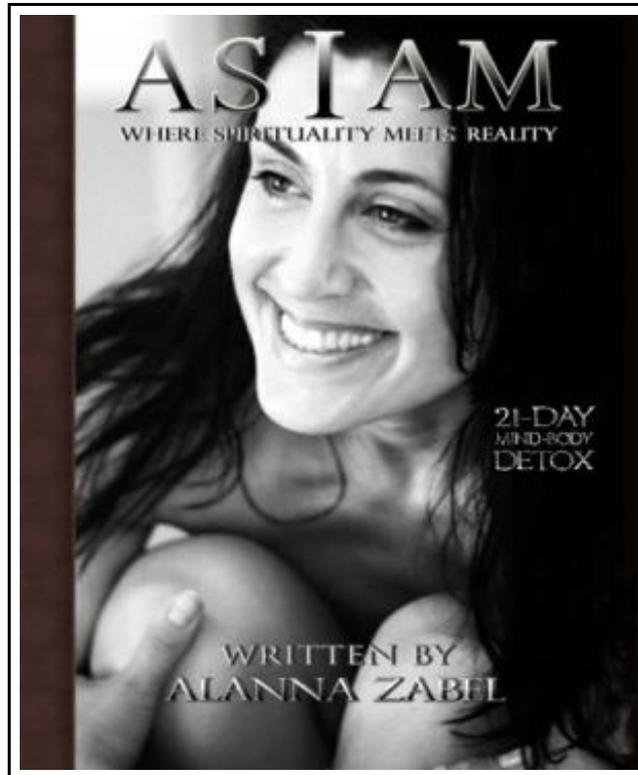


As I Am: Where Spirituality Meets Reality (Paperback)



Filesize: 8.92 MB

Reviews

A fresh e-book with a brand new point of view. It really is packed with knowledge and wisdom. It's been designed in an exceedingly simple way and is particularly simply following. I finished reading this publication through which actually modified me, alter the way I really believe.
(Bernhard Russel)

AS I AM: WHERE SPIRITUALITY MEETS REALITY (PAPERBACK)



To save **As I Am: Where Spirituality Meets Reality (Paperback)** PDF, make sure you refer to the button below and download the document or have access to additional information which are in conjunction with AS I AM: WHERE SPIRITUALITY MEETS REALITY (PAPERBACK) book.

Aziam, Inc., United States, 2013. Paperback. Book Condition: New. 244 x 188 mm. Language: English . Brand New Book ***** Print on Demand *****.As I Am sheds light on deeper aspects of spirituality, psychology and yoga. Included in the book is a twenty-one day program practicing daily meditation, yoga, self-care treatments, journal and Mirror Theory exercises and a full menu plan for a mind-body-spirit detox. This program, The Dharma Zone, will reveal the practitioner s true self by dissolving past conditioning while re-connecting one s awareness with organic truth and reality - living As I Am. Everything in our existence is an expression of our collective and individual energies. Alanna s Mirror Theory illustrates how the subconscious mind seeks to translate new experiences according to imprinted perceptions from past experiences. The mind is translating reality at every moment according to existing programs in the subconscious mind. Chapter 2: Hypnotic Existence, details the hypnotic and contagious nature of our existence and Universe. Using her Child Development education, Alanna highlights how one s early childhood relationships can greatly affect one s ability to initiate self-awareness. Chapter 3: The Real Secret, defines the four factors that affect one s dharma, and how to re-align one s life in accordance with it.



[Read As I Am: Where Spirituality Meets Reality \(Paperback\) Online](#)



[Download PDF As I Am: Where Spirituality Meets Reality \(Paperback\)](#)

Other eBooks

**[PDF] Federal Court Rules: 2012 (Paperback)**

Click the link beneath to download and read "Federal Court Rules: 2012 (Paperback)" PDF document.

[Save ePub »](#)

**[PDF] California Version of Who Am I in the Lives of Children? an Introduction to Early Childhood Education, Enhanced Pearson Etext with Loose-Leaf Version -- Access Card Package**

Click the link beneath to download and read "California Version of Who Am I in the Lives of Children? an Introduction to Early Childhood Education, Enhanced Pearson Etext with Loose-Leaf Version -- Access Card Package" PDF document.

[Save ePub »](#)

**[PDF] Who Am I in the Lives of Children? an Introduction to Early Childhood Education, Enhanced Pearson Etext with Loose-Leaf Version -- Access Card Package**

Click the link beneath to download and read "Who Am I in the Lives of Children? an Introduction to Early Childhood Education, Enhanced Pearson Etext with Loose-Leaf Version - Access Card Package" PDF document.

[Save ePub »](#)

**[PDF] Who am I in the Lives of Children? An Introduction to Early Childhood Education (Paperback)**

Click the link beneath to download and read "Who am I in the Lives of Children? An Introduction to Early Childhood Education (Paperback)" PDF document.

[Save ePub »](#)

**[PDF] Who Am I in the Lives of Children? an Introduction to Early Childhood Education with Enhanced Pearson Etext -- Access Card Package (Paperback)**

Click the link beneath to download and read "Who Am I in the Lives of Children? an Introduction to Early Childhood Education with Enhanced Pearson Etext -- Access Card Package (Paperback)" PDF document.

[Save ePub »](#)

**[PDF] The Well-Trained Mind: A Guide to Classical Education at Home (Hardback)**

Click the link beneath to download and read "The Well-Trained Mind: A Guide to Classical Education at Home (Hardback)" PDF document.

[Save ePub »](#)